

# ESSEX LADIES SUPER-LEAGUE

## Knockout Cup Winners & Runners-Up 1978 to 2023

| Season    | Winners       | Runners-Up          |
|-----------|---------------|---------------------|
| 1978-1979 | Thorpe Bay    | Ilford              |
| 1979-1980 | Thorpe Bay    | Ilford              |
| 1980-1981 | Springfield   | Southend            |
| 1981-1982 | Harlow        | Ilford              |
| 1982-1983 | Harlow Sharks | Stanford-Le-Hope    |
| 1983-1984 | Clacton       | Witham              |
| 1984-1985 | Ilford        | Woodford            |
| 1985-1986 | Ilford        | Braintree           |
| 1986-1987 | Braintree     | Eastwood            |
| 1987-1988 | Braintree     | Southend Cricketers |
| 1988-1989 | Clacton       | Ilford              |
| 1989-1990 | Ilford        | Braintree           |
| 1990-1991 | Clacton       | Takeley             |
| 1991-1992 | Woodford      | Southend            |
| 1992-1993 | Clacton       | Braintree           |
| 1993-1994 | Clacton       | Kelvedon            |
| 1994-1995 | Braintree     | Clacton             |
| 1995-1996 | Clacton       | Kelvedon            |
| 1996-1997 | Wickford      | Colchester          |
| 1997-1998 | Braintree     | Kelvedon            |
| 1998-1999 | Clacton       | Braintree           |
| 1999-2000 | Clacton       | Braintree           |
| 2000-2001 | Clacton       | Collier Row         |
| 2001-2002 | Wickford      | Clacton             |
| 2002-2003 | Wickford      | Braintree           |
| 2003-2004 | Clacton       | Hatfield Peverel    |
| 2004-2005 | Clacton       | Hatfield Peverel    |
| 2005-2006 | Clacton       | Wickford            |
| 2006-2007 | Clacton       | Colchester          |
| 2007-2008 | Braintree     | Clacton             |
| 2008-2009 | Braintree     | Clacton             |
| 2009-2010 | Braintree     | Southend            |
| 2010-2011 | Clacton       | Chelmsford          |
| 2011-2012 | Rayleigh      | Braintree           |
| 2012-2013 | Braintree     | Rayleigh            |
| 2013-2014 | Braintree     | Clacton             |

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| Season    | Winners                    | Runners-Up          |
|-----------|----------------------------|---------------------|
| 2014-2015 | Kelvedon                   | Southend            |
| 2015-2016 | Kelvedon                   | Southend            |
| 2016-2017 | Canvey                     | Rayleigh            |
| 2017-2018 | Kelvedon                   | Canvey              |
| 2018-2019 | Springfield                | Eastwood/Chelmsford |
| 2019-2020 | Springfield                | Eastwood            |
| 2020-2021 | NOT PLAYED DUE TO COVID-19 |                     |
| 2021-2022 | Springfield                | Kelvedon            |
| 2022-2023 | Springfield A              | Springfield B       |