

Essex Men's Super-League Team Champions

Year	Team
1975-1976	Barking
1976-1977	Barking
1977-1978	Harlow Hearts
1978-1979	Harlow Hearts
1979-1980	Barking
1980-1981	Colchester Griffins
1981-1982	Harlow Sharks
1982-1983	Southend Thameside
1983-1984	Braintree Sportsman (Premier Division)
	Southend West (1 st Division)
1984-1985	Clacton (Premier Division)
	Dagenham (1 st Division)
1985-1986	Clacton (Premier Division)
	Hatfield Peverel (1 st Division)
1986-1987	Leigh Thameside (Premier Division)
	Aveley (1 st Division)
1987-1988	Clacton
1988-1989	Thameside
1989-1990	Clacton
1990-1991	Thameside
1991-1992	Thameside
1992-1993	Thameside
1993-1994	Thameside
1994-1995	Prittlewell
1995-1996	Thameside
1996-1997	Thameside

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Year	Team
1997-1998	Collier Row
1998-1999	Thameside
1999-2000	Thameside
2000-2001	Thameside
2001-2002	Thameside
2002-2003	Thameside
2003-2004	Rainham
2004-2005	Thameside
2005-2006	Thameside
2006-2007	Thameside
2007-2008	Hockley Cavaliers

Number of Championship Titles Won:

Thameside = 17

Clacton = 04

Barking = 03

Harlow Hearts = 02

Colchester Griffins = 01

Harlow Sharks = 01

Braintree Sportsman = 01

Prittlewell = 01

Collier Row = 01

Rainham = 01

Hockley Cavaliers = 01